

# WIC HELPS!

WIC Provides healthy foods for Women, Infants, & Children

## DO I QUALIFY FOR WIC?

You may qualify if you:

- Are pregnant
- Are breastfeeding
- Are less than 6 months postpartum
- Have an infant /child, who will qualify up until their 5<sup>th</sup> birthday
- Are at or below the Income Guidelines in the table below-



Household Size	Income				
	Weekly	Biweekly	Twice-Monthly	Monthly	Annual
1	\$445	\$889	\$963	\$1926	\$23,107
2	\$602	\$1,203	\$1,304	\$2,607	\$31,284
3	\$759	\$1,518	\$1,644	\$3,288	\$39,461
4	\$917	\$1,832	\$1,985	\$3,970	\$47,638
5	\$1,704	\$2,147	\$2,326	\$4,651	\$55,815
6	\$1,232	\$2,461	\$2,666	\$5,333	\$63,992
7	\$1,369	\$2,776	\$3,007	\$6,014	\$72,169
8	\$1,546	\$3,090	\$3,348	\$6,696	\$80,346
For each additional household member add:	+ \$158	+ \$315	+ \$341	+ \$682	+ \$8,177

**\*\*Persons who receive Medicaid or Food Stamps automatically meet the income guidelines for WIC.**

\*You will be asked to provide proper ID, proof of residence, and information about your household income to help determine if you meet program guidelines.

For more information, please call Jessamine County Health Department (859) 885-4149.

[www.jessaminehealth.org](http://www.jessaminehealth.org)

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**Kentucky Public Health**  
Prevent. Promote. Protect.



**Jessamine County Health Department**  
Protecting the public's health and environment.

